

Lucky

JULY 2006

6 sexy
style tips
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**BONUS
SHOPPING
GUIDE:**
Amazing
looks for
**under
\$100**

**The new
secret to
BETTER
SKIN**

Free
Win clothes,
jewelry,
and more!
LUCKY BREAKS
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**Great
hair**
made so,
so simple
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639
ways to
make your
wardrobe
summer-
perfect

MILLA JOVOVICH
gets inspired



TREATMENT

acupuncture facials

This powerful, ancient form of healing treats everything from rosacea to wrinkles, and as devotees rave about the results, the service is showing up on spa menus nationwide. By Cristina Mueller

Seattle

Napolitano Spa

CONTACT: 206-282-4343,
napolitanospa.com.

WHAT: Facial Rejuvenation Acupuncture, \$125, 90 minutes. The acupuncturist also performs Reiki—a Japanese stress-reducing technique of gently placing hands on different parts of the body—after she's inserted the needles.

ASK FOR: Nancy Fiacco.

VIBE: Storybookish and charming: a converted Victorian home swathed in flowering vines.

acupuncturist picks

continued

**HAWAIIAN
WELLNESS ROYAL
FRANKINCENSE
ESSENTIAL OIL** "This frankincense from Oman is the best I've tried," says Nancy Fiacco of Napolitano Spa. "You dab it on, and it helps with skin regeneration—not to mention it has a gorgeous, spicy-sweet fragrance."
\$50, 808-328-8998



fear not! While acupuncture needles are typically left in for about half an hour, they're hair-thin, inserted mere millimeters, and as close to painless as you can get: "Out of 20 needles, I only felt a few going in," one *Lucky* editor reported. "They hurt less than a pinprick, and once they were in, I didn't feel them at all."